

CLASSES		FORMS	SELF DEFENSE SPARRING
1.	31.	☐ Taegeuk 4	☐ One Steps 21-25
2.	32.	☐ White Tip Date: _____	☐ Orange Tip Date: _____
3.	33.	☐ Daemahng-Ji 1	☐ Self Defense of Term
4.	34.	☐ White Tip Date: _____	☐ Orange Tip Date: _____
5.	35.	☐ Daemahng Chun 7	☐ 2-2 min rds sparring
6.	36.	☐ Yellow Tip Date: _____	☐ Green Tip Date: _____
7.	37.		
8.	38.	BASICS	BREAKING
9.	39.	☐ Geugki 1-5	☐ Axe Kick
10.	40.	☐ Basics Review	☐ Brown Tip Date: _____
11.	SPARRING HRS	☐ Blue Tip Date: _____	☐ Skip or Jump Axe
12.	1.		☐ Brown Tip Date: _____
13.	2.		
14.	3.		
15.	4.		
16.	5.	REQUIREMENTS	
17.	6.	☐ Attitude/Effort - Purple Tip Date: _____	
18.	ASSISTING HRS	☐ 34 classes/4 months	
19.	1.	☐ 3 Sparring Hours	
20.	2.	☐ 3 Assisting Hours	
21.	3.	☐ Red Tip Date: _____	
22.	4.	☐ Terminology/Meaning of Forms—Black Tip Date: _____	
23.	5.	Paper: Moodo (martial arts –way of stopping fight)	
24.	6.	\$30 Promotion Fee (\$25 annual OMAC Fee)	
25.	7.		
26.	8.	INSTRUCTOR NOTES	
27.	9.		
28.	10.		
29.	11.		
30.	12.		