CHILD RED BELT

ID# _____ Start Date _____ Goal Date _____

CLASSES	
1.	31.
2.	32.
3.	33.
4.	34.
5.	35.
6.	36.
7.	37.
8.	38.
9.	39.
10.	40.
11.	SPARRING HRS
12.	1.
13.	2.
14.	3.
15.	4.
16.	5.
17.	6.
18.	ASSISTING HRS
19.	1.
20.	2.
21.	3.
22.	4.
23.	5.
24.	6.
25.	7.
26.	8.
27.	9.
28.	10.
29.	11.
30.	12.

FORMS

_____ INNAE 9
_____ white tip date _____
_____ DAEMAHN JI 5
_____ white tip date _____
_____ KYUMSOHN HYO
_____ white tip date _____
_____ FORM REVIEW
_____ yellow tip date _____

SELF DEFENSE | SPARRING

_____ ONE-STEPS 14-16
_____ TERM SELF-DEFENSE
_____ VS MOUNTED ATTACK
_____ orange tip date _____

_____ SPARRING:
3 2– MIN. RDS
_____ green tip date _____

BASICS

_____ JAJEH 5-9
_____ JUMP 360 BACK KICK
_____ blue tip date _____

BREAKING

_____ WHEEL KICK, OR
_____ JUMP WHEEL KICK
_____ brown tip date _____

REQUIREMENTS

EXCEPTIONAL ATTITUDE, BEHAVIOR, AND EFFORT
_____ purple tip date _____
ATTENDANCE: 34 CLASS HOURS AND 4 MONTHS
ASSISTING: 6 CLASS HOURS
_____ red tip date _____
COMPLETION OF PROMOTION FORM
COMPLETION OF THESIS PAPER
(loyalty and dedication: definition, application beyond martial arts)
PAYMENT OF PROMOTION FEE
($30; $25 annual OMAC fee)
_____ black tip date _____

INSTRUCTOR NOTES

_____

_____

_____
Instructor Signature