

Cincinnati Taekwondo Center

2019 Fall Class Schedule

Effective 9/3/19

Little Tiger Taekwondo (ages 4-6) effective 8/26/19 MON 6:15-6:45 pm TUE 4:30-5:00 pm WED 5:15-5:45 pm THU 4:30-5:00 pm FRI 5:15-5:45 pm SAT 10:15-10:45 am Children's Taekwondo white-blue belt (ages 7-12) MON 5:00-6:00 pm TUE 4:00-5:00 pm WED 6:00-7:00 pm THU 4:00-5:00 pm FRI 5:00-6:00 pm Children's Taekwondo green - black belt rec. (ages 7-12) MON 6:00-7:00 pm TUE 5:00-6:00 pm WED 4:00-5:00 pm THU 5:00-6:00 pm FRI 4:00-5:00 pm	Family Taekwondo (ages 7 and up) SAT 11:15-12:15 pm Adult/Teen Taekwondo (ages 13 and up) MON 9:00-10:15 am MON 7:00-8:15 pm TUE 7:00-8:15 pm WED 7:00-8:15 pm THU 7:00-8:15 pm FRI 9:00-10:15 am SAT 9:00-10:00 am Advanced Taekwondo (red belt +) TUE 6:00-7:00 pm THU 6:00-7:00 pm Exhibition Team (by audition only) THU 5:00-6:00 pm SELECT FRIDAYS (refer to schedule in application) 6:00-7:30 pm	Gumdo Korean Sword (ages 12+) THU 4:00-5:00 pm SAT 10:00-11:15 am Hapkido (ages 12+) MON 7:00-8:00 pm TUE 6:00-7:00 pm THU 6:00-7:00 pm SAT 9:00-10:00 am Skills and Athletics (ages 7+ with sparring gear) WED 6:00-7:00 pm Advanced Tigers (Instructor recommendation) MON 5:00-6:00 pm Taekwondo Sparring (ages 13+) Last THU of month 6:00-7:00 pm
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Other sessions offered at CTC include meditation classes, yoga classes, and a book discussion group. Check the website for more details.



Cincinnati Taekwondo Center

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